

Q&A FOR LIFE IS A TRIP!

Q: What got you interested having a podcast about “metaphysical mysteries?”

As someone who writes these kinds of stories, I know that over 1.45 billion people around the world believe in reincarnation, including 30% of Americans. So then why aren't there more stories?

The answer started with a Facebook group with the same name, which evolved into the podcast. Now we have people all over the world sharing everything from personal accounts to inventive original stories and screenplays.

Q: The stories on the podcast can be “fictional or factual.” Why allow for both?

I've found that fiction can often open hearts and minds quicker than nonfiction, as people can suspend their disbelief and just enjoy the story without discerning if it's “truth” or not. In fact, the motto for my own stories is:

Lose yourself in the fiction... Find yourself in the truth.

Q: Why an anthology podcast instead of a more traditional interview show?

I was inspired by the New York Times show “Modern Love,” which is an anthology of essays/stories to listen to, so I thought I'd offer a “Metaphysical Modern Love.”

Q: Do you really believe these stories can change the world?

I do. I've seen people's lives change by listening to these stories, and even more by writing and sharing them with the world. One talented professional writer said that this was the first time in his writing career that the words flowed effortlessly.

Q: Who is your podcast target?

I think the stories can appeal to anyone of any religion or nationality over the age of 16, and some (like my children's books) are for kids.

Q: Tell us about the other writers. Why did you bring in others instead of writing the stories yourself?

I love celebrating and encouraging other writers! If my legacy is to support them and give them a platform, I would be thrilled!

Q: You mention “Modern Love,” a highly successful podcast by the New York Times that was made into an acclaimed television series. Do you also aspire to bring Life is a Trip! to film or TV?

Let's just say I'm ready for that call in case it comes.

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